

SAVE OUR PLANET



Monday

Work to be Done



RECYCLE
Tuesday

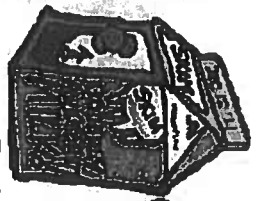


Wednesday

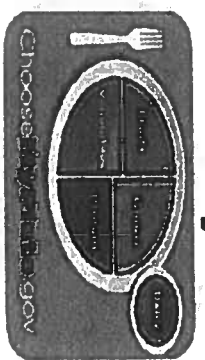
Menu Subject to Change



Thursday



Friday



Elementary Lunch

Nutrients

JOB OPENINGS
Positions In Food Service
Available
Great Hours
Call (308) 626-9109

**WELCOME
BACK TO
SCHOOL**



No School



No School

Chicken Nuggets
DAILY SANDWICH VARIETY
BAKED OVEN FRIES
STEAMED GREEN BEANS
FRESH OR CANNED FRUIT
VEGETABLE STICKS

CHICKEN PARMESAN
W/ MOZZARELLA
WHOLE WHEAT ROLL
STEAMED BROCCOLI
DAILY SANDWICH VARIETY
FRESH OR CANNED FRUIT
VEGETABLE STICKS

CRISPY
FISH STICKS
W/ TARTAR SAUCE
DAILY SANDWICH VARIETY
STEAMED GREEN BEANS
BROWN RICE PILAF
FRESH OR CANNED FRUIT
VEGETABLE STICKS

ALL AMERICAN
CHEESEBURGER
WHOLE WHEAT ROLL
BAKED OVEN FRIES
DAILY SANDWICH VARIETY
STEAMED BROCCOLI
FRESH OR CANNED FRUIT
VEGETABLE STICKS

Chicken Nuggets
DAILY SANDWICH VARIETY
BAKED OVEN FRIES
STEAMED GREEN BEANS
FRESH OR CANNED FRUIT
VEGETABLE STICKS

CHICKEN PARMESAN
W/ MOZZARELLA
WHOLE WHEAT ROLL
STEAMED BROCCOLI
DAILY SANDWICH VARIETY
FRESH OR CANNED FRUIT
VEGETABLE STICKS

CHICKEN PARMESAN
W/ MOZZARELLA
WHOLE WHEAT ROLL
STEAMED MIXED
VEGETABLES
DAILY SANDWICH VARIETY
FRESH OR CANNED FRUIT
VEGETABLE STICKS

ALL AMERICAN
CHEESEBURGER
WHOLE WHEAT ROLL
BAKED OVEN FRIES
DAILY SANDWICH VARIETY
STEAMED MIXED
VEGETABLES
FRESH OR CANNED FRUIT

SICILIAN STYLE
NORTH END
CHEESE PIZZA
MIXED GREENS SALAD
LIGHT ITALIAN DRESSING
DAILY SANDWICH VARIETY
FRESH OR CANNED FRUIT
VEGETABLE STICKS

Cal 625
T.Fat 22.32 G
S.Fat 9.0 G
Chol 65.8 Mg
Sodm 1115.28 Mg
Carb 69.61 G

ALL AMERICAN
CHEESEBURGER
WHOLE WHEAT ROLL
BAKED OVEN FRIES
DAILY SANDWICH VARIETY
STEAMED MIXED
VEGETABLES
FRESH OR CANNED FRUIT

SICILIAN STYLE
NORTH END
CHEESE PIZZA
MIXED GREENS SALAD
LIGHT ITALIAN DRESSING
DAILY SANDWICH VARIETY
FRESH OR CANNED FRUIT
VEGETABLE STICKS

SICILIAN STYLE
NORTH END
CHEESE PIZZA
MIXED GREENS SALAD
LIGHT ITALIAN DRESSING
DAILY SANDWICH VARIETY
FRESH OR CANNED FRUIT
VEGETABLE STICKS

Cal 532
T.Fat 16.71 G
S.Fat 6.6 G
Chol 46.0 Mg
Sodm 646.24 Mg
Carb 69.80 G

CLASSIC
MACARONI & CHEESE
DAILY SANDWICH VARIETY
STEAMED
MIXED VEGETABLES
FRESH OR CANNED FRUIT
VEGETABLE STICKS

SICILIAN STYLE
NORTH END
CHEESE PIZZA
MIXED GREENS SALAD
LIGHT ITALIAN DRESSING
DAILY SANDWICH VARIETY
FRESH OR CANNED FRUIT
VEGETABLE STICKS

SICILIAN STYLE
NORTH END
CHEESE PIZZA
MIXED GREENS SALAD
LIGHT ITALIAN DRESSING
DAILY SANDWICH VARIETY
FRESH OR CANNED FRUIT
VEGETABLE STICKS

Cal 962
T.Fat 33.25 G
S.Fat 15.3 G
Chol 89.9 Mg
Sodm 2614.96 Mg
Carb 86.68 G

BAKED
PENNE PASTA W/
HERB MARINARA
RICOTTA CHEESE
DAILY SANDWICH VARIETY
MIXED VEGETABLES
FRESH OR CANNED FRUIT
VEGETABLE STICKS

REMEMBER
TO SUBMIT A NEW
FREE & REDUCED MEAL
BENEFIT APPLICATIONS
BY OCTOBER FOR THE
2021/2022 SCHOOL YEAR

Cal 629
T.Fat 20.61 G
S.Fat 8.5 G
Chol 71.0 Mg
Sodm 1013.38 Mg
Carb 75.42 G

Cal 629
T.Fat 20.61 G
S.Fat 8.5 G
Chol 71.0 Mg
Sodm 1013.38 Mg
Carb 75.42 G

ALL MEALS PROVIDED BY THE FRAMINGHAM FOOD SERVICE DEPARTMENT

PLEASE CIRCLE YOUR CHOICE FOR EACH DAY

Not Buying Today B=Breakfast H=Hot Lunch C=Cold Lunch M=Milk Only

September 2021					
Child's Name	Monday	Tuesday	Wednesday	Thursday	Friday
6	HOLIDAY NO SCHOOL	7 HOLIDAY NO SCHOOL	8	9 Not Buying Today B H C M	10 Not Buying Today B H C M
13	Not Buying Today B H C M	14 Not Buying Today B H C M	15	16 HOLIDAY NO SCHOOL	17 Not Buying Today B H C M
20	Not Buying Today B H C M	21 Not Buying Today B H C M	22	23 Not Buying Today B H C M	24 Not Buying Today B H C M
27	Not Buying Today B H C M	28 Not Buying Today B H C M	29	30 Not Buying Today B H C M	