

Framingham Public Schools
Expectations for Parents/Guardians COVID-19

Dear Families,

In an effort to promote the health and safety of the school community, we are asking you to commit to do a wellness check on each of your children every day before they leave for school. Each day, please answer the following questions:

In the past 24 hours, has your child(ren) experienced **one or more** of the following symptoms?

- Fever ($\geq 100.0^{\circ}\text{F}$, 37.7°C), skin feels hot to the touch, has chills or shaking chills
- Cough (not due to other known cause, such as chronic cough)
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Sore throat
- Headache when in combination with other symptoms
- Muscle or body aches
- Nausea and/or vomiting
- Diarrhea
- Fatigue when in combination with other symptoms
- Nasal congestion or runny nose (not due to other known causes, such as allergies) when in combination with other symptoms

YES

NO

Have you or your child(ren) or people you have close contact with, like someone who lives in your house, a relative, a friend, or a co-worker

- tested positive for COVID-19 or
- had any COVID-19 symptoms in the last 14 days?

YES

NO

Have you or your child(ren) traveled to/returned from any states NOT on the Massachusetts-approved travel list or another country within the past 14 days?

YES

NO

If you answer “YES” to any one of the above questions, **please keep your child(ren) home and contact your school nurse and health care provider**. If you do not have a healthcare provider or health insurance please contact your school nurse and/or call the Edward M. Kennedy Community Health Center at 508-270-5800 or the Latino Health Insurance Program at 508-782-8115.

If you answer “NO” to all of these questions, your child(ren) can attend school.

What will happen if my child arrives at school sick or becomes sick during the school day?

If your child comes to school sick with COVID-19 symptoms or becomes sick with COVID-19 symptoms during the school day, they will need to be picked up immediately. Your child may return to school after they have **tested negative** for COVID-19, have improvement in symptoms, and have been without fever for at least 24 hours without the use of fever reducing medications. If your healthcare provider makes an alternative diagnosis for the COVID-19-like symptoms, your child may return to school based on the recommendations for that alternative diagnosis (e.g., influenza or strep pharyngitis).

If you prefer not to have your child tested, they may return to school 10 days from the start of their symptoms, as long as their symptoms have improved and they have been without fever without the use of fever reducing medication for at least 24 hours prior to their return to school.

We appreciate your commitment to reduce the risk of the spread of COVID-19 in our schools and our community.

Please remember to monitor your child(ren) for COVID-19 symptoms **each day** before leaving for school:

- Keep your child(ren) home if they have symptoms, are not feeling well, or you answered “yes” to one or more of the questions above
- Keep your child home if you have given them fever-reducing medication within the past 12 hours
- Contact your school nurse and healthcare provider about your child(ren)’s symptoms

Thank you for everything you are doing to keep your family, school and community safe and healthy.

-Framingham Public Schools