

Dear Family,

We are about to embark on a new program throughout the year to talk about different themes and how we treat each other. This month the activities that we will be doing revolve around the themes of *Empathy and Communication*.

Being able to identify, understand and respond to how someone is feeling provides the foundation for helpful and socially responsible behavior, friendships, cooperation, coping and conflict resolution. We hope to make these activities fun and meaningful for the students.

You play a vital role in helping your student develop strong social skills. Ask questions about the skills your student is learning, such as:

- “How do you show someone you’re actively listening to them?”
- “Why should you try to understand other people’s perspectives?”

If you have any questions about the curriculum, please do not hesitate to contact the guidance department for more information. Thank you for supporting your student in learning the skills that lead to success in school and in life.

Sincerely,

The Guidance Department.